

ALLERGEN GUIDE

CY Celery	M Molluscs
C Crustaceans	MD Mustard
E Eggs	N Nuts
F Fish	P Peanuts
G Gluten	SS Sesame Seeds
L Lupin	S Soybeans
D Milk/Dairy	SP Sulphites

HEAT GUIDE

1) Mild
2) Mild to Medium
3) Medium
4) Medium to Spicy
5) Spicy to Hot
Hot

Tandoori Specialities

Our Tandoori specialities are marinated in our specially prepared sauces and cooked in a "Tandoor" (clay oven). These dishes are served with palau rice, salad and curry sauce or a sauce of your choice (see section below).

Traditional Sauce choose from the Traditional dishes section	Add £1.75
Speciality Sauce choose from the Specialities section	Add £2.75
Mild or Hot Sauce	Add £1.25

1/4 Tandoori Chicken Chicken Breast (on the bone) (D)	£8.75
1/2 Tandoori Chicken 2 Chicken Pieces (on the bone) (D)	£11.35
Chicken Tikka Boneless Chicken Fillet off the bone (D)	£9.55
Lamb Tikka Boneless Lamb Fillet off the bone (D)	£9.95
Mix Tikka Chicken and Lamb Tikka (boneless) (D)	£9.95
Tandoori Mixed Grill (D) Seekh Kebab, Tender Chicken & Lamb Tikka Pieces, 1/4 Chicken served with Palau Rice, Salad, Curry Sauce & Nan Bread	£13.75
Tandoori King Prawn (C, D) Marinated King Prawns cooked Tandoori Style	£13.75
Seekh Kebab (E) Spicy Mince Kebab	£9.95

Biryanis

Biryanis are a traditional Pakistani Rice Dish cooked with peas, tomatoes and green peppers. Served with a curry sauce or sauce of your choice (see section below).

Traditional Sauce (choose from the Traditional dishes section)	Add £1.75
Speciality Sauce (choose from the Specialities section)	Add £2.75
Mild or Hot Sauce	Add £1.25
Chicken	£8.75
Lamb	£8.75
King Prawn (C)	£10.75
Chicken Tikka (D)	£9.95

Lamb Tikka (D)	£9.95
Ashmaan Special (D, C) Chicken Tikka, Lamb Tikka & Prawns with Green Chillies	£10.25
Prawn (C)	£8.95
Scampi (C)	£8.95
Kofta (E)	£8.95
Mince	£8.95
Mushroom	£7.75
Vegetable	£7.75

Can also be cooked in a different style:-

Jalfrezi Biryani with Fresh Green Chillies	Add £1.75
Zalfrezi Biryani with Cashew Nuts	Add £1.75


Rice

The following is also available as Boiled Rice

Boiled Rice	£2.00
Palau Rice (Fried)	£2.10
Egg Palau (E)	£2.95
Mushroom Palau	£2.95
Peas Palau	£2.95
Vegetable Palau	£2.95

Nans & Chapatis

Nan (G, E, D)	£2.25
Garlic Nan (G, E, D)	£3.25
Mince Nan (G, E, D)	£3.45
Masala Nan (G, E, D)	£3.25
Cheese Nan (G, E, D)	£3.45
Sweet Nan with Syrup (G, E, D)	£3.45
Peshwari Nan (G, E, D, SS) with Sesame Seeds & Sultanas	£3.45
Kashmiri Nan (G, E, D) with Sweet Coconut & Almonds	£3.45
Chilli Nan (G, E, D) with Green Chillies	£3.45
Roghni Nan (G, E, D) Brushed with Egg Yolk	£3.45
Garlic & Cheese Nan (G, E, D)	£3.75
Garlic & Coriander Nan (G, E, D)	£3.75
Garlic & Chilli Nan (G, E, D)	£3.75
Chilli & Coriander Nan (G, E, D)	£3.75
Chapati (G)	£1.35
Tandoori Chapati (G)	£1.50
Sweet Chapati (G)	£1.50
Garlic Chapati (G)	£1.50
Special Chapati Buttered (G)	£1.50
Paratha (G, D)	£2.45
Garlic Paratha (G, D)	£3.25
Mince Paratha (G, D)	£3.25
Vegetable Paratha (G, D)	£3.25

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European Dishes

These dishes are all served with a portion of Fries & Salad

Plain Omelette (E, D)	£4.95
Cheese Omelette (E, D)	£5.75
Chicken Omelette (E, D)	£6.25
Mushroom Omelette (E, D)	£5.75
Prawn Omelette (E, C, D)	£6.25
Spanish Omelette (E, D)	£6.25
Chicken Maryland (G) Breast of Chicken with Banana & a Slice of Pineapple in Breadcrumbs	£7.45
Roast Chicken	£7.45
Fried Haddock (G, F)	£7.25
Fried Scampi (G, C)	£7.75
Chicken Salad	£6.95
Prawn Salad (C)	£6.45
Egg Salad (E)	£5.25

Desserts

Banana Fritter (E)	£3.75
Pineapple Fritter (E)	£3.75
Fruit Cocktail	£3.75
Gulab Jaman (D, G)	£3.75

Drinks

Cans and Large bottles available

Cola
Diet Cola
Pepsi Cola
Diet Pepsi
Irn Bru
Diet Irn Bru
7Up
Lemonade
Ginger Beer
Tango
Appletiser
Rubicon Mango
Rubicon Lychee
Rubicon Guava

 Free WiFi



the **ashmaan** est 1984
specialists in halal Pakistani/Indian cuisine

Established in 1984, The Ashmaan remains under the ownership and management of Mr Rashid Ahmed's family to this day.

The Ashmaan continues to be a popular, thriving business and welcomes customers old and new to enjoy our authentic cuisine.

CARRY OUT MENU

Open 7 Days
Sunday - Thursday 5pm - 10.00pm
Friday & Saturday 5pm - 11.00pm

25 Mill Road, Linlithgow Bridge, Linlithgow
01506 845 097
www.theashmaan.co.uk

Download our app or visit
www.theashmaan.co.uk
to order online



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- Hot

Starters & Appetisers

Egg Mayonnaise (E)	£3.95
Garlic Mushrooms (D)	£3.95
Prawn Cocktail (C, MD)	£4.55
Veg Pakora	£3.45
Chicken Pakora	£4.95
Mushroom Pakora	£3.95
Fish Pakora (F)	£5.25
Mixed Pakora	£4.75
Onion Bhajee	£3.95
Onion Rings	£3.95
Veg Samosa (G)	£3.95
Chicken Samosa (G)	£4.45
Lamb Samosa (G)	£4.45
Chana Poori (G)	£4.95
Chicken Poori (G)	£5.25
Prawn Poori (C, G)	£5.25

Side Dishes

Curry Sauce	£2.25
Traditional Sauce	£3.25
choose from the Traditional dishes section	
Speciality Sauce	£3.95
choose from the Specialities section	
Chips	£2.25
Chips & Cheese (D)	£3.75
Chips & Curry Sauce	£3.75
Fried Rice & Curry Sauce	£3.75
Bombay Potato	£4.45
Indian Veg Bhaji	£4.45
Karachi Potato (E)	£4.45

Chat Patey (Drumsticks) (D)	£4.45
Chicken Tikka Wrap (G, D)	£5.25
Chicken Tikka (D)	£5.25
Lamb Tikka (D)	£5.25
Mixed Tikka (D)	£5.25
Seekh Kebab (E)	£4.95
Tandoori Chicken (D)	£4.95
Poppadoms	70p
Spiced Onions	£1.65
Mango Chutney	£1.55
Raita Spicy Yoghurt (D)	£1.85
Plain Yoghurt (D)	£1.55
Mint Yoghurt (D)	£1.85
Red Chilli Sauce	70p
Pink Yoghurt Sauce (D)	70p
Lime Pickle	£1.55
Mixed Pickle	£1.55
Chilli Pickle	£1.55
Mixed Salad	£2.25
Onion Salad	£1.65

Mushroom Bhaji	£4.45
Potato & Cauli Bhaji	£4.45
Spinach & Potato Bhaji	£4.45
Turka Daal	£4.45
Vegetable Bhaji	£4.45
Fried Mushrooms	£2.95
Spiced Mushrooms	£3.25
Fried Onions	£2.95

Allergen Advice:
Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our products

Specialities

Specialities are cooked with our own blend of Spices and Sauces to create unique flavours. Available in Chicken Tikka (D), Lamb Tikka (D), Prawns (D, C), Vegetables, Paneer (D) and King Prawns (D, C). Rice not included.

Mild Or Hot Sauce - £1.25 Extra **King Prawns** - £3.00 Extra

Pir Mahal with Lychees & Mixed Fruit in a Creamy Sauce (D)	1	£9.15
Royal Korma Coconut Dish with Flaked Almonds & Sultanas (D, N)	1	£9.15
Tikka Masala in a Special Mild Sauce (D, N)	1	£9.15
Kamalia Masala Masala Sauce, Fresh Mangoes & Almond/Cashew Powder (D, N)	2	£9.15
Shah Jehan Unique Blend of Korma in a Masala Sauce (D, N)	2	£9.15
Butter Chicken Green Peppers, Onions & Butter (D)		£9.15
Ceylon with Lemon & Sprinkled with Coconut	2	£9.15
Jaipuri with Green Peppers, Fried Onions & Mushrooms (D)	2	£9.15
Nantari with Prawns, Fried Onions & Green Beans (C)	2	£9.15
Balti with Green Peppers & Onions	2	£9.15
Chef's Special with Green Chilli Sauce, Sweetcorn & Chopped Onions	2	£9.15
Garam Masala with Cream & extra Garam Masala (D)	2	£9.15
Garlic Masala Garlic & a Touch of Special Masala Sauce (D)	2	£9.15
Masala Karahi with Green Peppers, Onions & Tomatoes with a Slice of Lemon (D)	2	£9.15
Mughlai with Cream, Yoghurt & Fresh Green Chillies (D)	2	£9.15
Tandoori Masala with Green Peppers & Tomatoes in a Masala Sauce (D)	2	£9.15
Ashmaan Special Chicken Tikka, Lamb Tikka, Prawns & Green Chillies (C)	2	£9.15
Indian Chilli with Green Chilli & Fried Onions. Chicken Tikka is coated in Chapati Flour (G)	2	£9.15
Chilli Masala with Green Chillies, Green Peppers & Tomatoes (D)	2	£9.15
Garlic Chilli with Extra Garlic & Green Chillies	2	£9.15
Murgh Methi with Green Chillies, Fenugreek Leaves & Spinach	2	£9.15
Noor Jehan with Tomatoes, Green Chillies & Cumin Seeds	2	£9.15
South Indian Garlic Chilli Homemade Garlic & Red Chilli Sauce	2	£9.15

Traditional Dishes

Paneer (D)	No Extra Charge		
Mince	Add £1.25	King Prawn (C)	Add £3.00
Kofta sliced Seekh Kebab (E)	Add £1.25	Vegetables	Less £1.00
Chicken Tikka (D)	Add £1.25	Indian Vegetables	Less £0.50
Lamb Tikka (D)	Add £1.25	Scampi (C)	Add £1.35
Prawn (C)	Add £1.35	Mild or Hot	Add £1.25

The following dishes are based on Lamb or Chicken, for alternative styles, refer to the selection above.

Chasni Sweet & Sour with a Hint of Cream & Yoghurt (D)	1	£8.65
Kashmiri in a Korma Sauce with Mangoes & Lychees (D)	1	£8.65
Korma Creamy Coconut Taste in a Mild Sauce (D)	1	£7.65
Malayan Korma Sauce with Banana & Cashew Nuts (D, N)	1	£8.65
Pasanda with Ground Almonds & Coconut (D, N)	1	£8.45
Pathia Sweet & Sour	2	£7.95
Paneer Medium Strength Sauce with Pakistani Cheese Pieces (D)	2	£7.95
Bhoona Tomatoes & Peppers	2	£7.95
Curry Medium Sauce	2	£6.45
Dansac with Lentils	2	£7.65
Do-Piazza with Fried Onions	2	£7.65
Karachi with Potatoes & Egg (E)	2	£8.65
Karahi with Green Peppers, Onions & Tomato	2	£8.65
Makan with Prawns & Mince (C)	2	£8.65
Methi with Fenugreek Leaves & Spinach	2	£7.65
Roghan Josh with Extra Tomatoes & Lemon Juice	2	£7.95
Special Bhoona Tomato, Prawns & Green Peppers with Pineapple (C)	2	£8.65
Zalfrezi with Cashew Nuts (N)	2	£8.75
Indian Vegetables Bhindi, Karela & Tinda (Ladyfinger), Bitter Gourd & Baby Pumpkin	2	£7.95
Mushroom with Fried Mushrooms	2	£7.65
Prawns with Prawns (C)	2	£8.95
Spinach with Spinach	2	£8.65
Vegetables with Potatoes, Peas, Cauliflower & Mushrooms	2	£7.65
Achari with Mixed Pickles (also available in Chilli Pickles)	2	£8.65
Punjabi Masala with Green Peppers & Tomatoes in a Masala Sauce (D)	2	£8.65
Punjabi Special with Fried Onions & Mushrooms in a Masala Sauce (D)	2	£8.65
Chilli Bhoona Bhoona sauce with Green Chillies	2	£8.65
Jalfrezi with Green Chillies	2	£8.65
Madras Hot Dish, with Extra Hot Red Chilli Powder	2	£7.55
Vindaloo Very Hot Dish, with Extra Hot Red Chilli Powder	2	£7.95



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